



PENNSYLVANIA **I**NTERSCHOLASTIC **A**THLETIC **A**SSOCIATION
— DISTRICT THREE —

TO: PIAA DISTRICT 3 ATHLETIC DIRECTORS, SWIMMING COACHES AND DIVING COACHES

**FROM: DONALD SEIDENSTRICKER
DISTRICT 3 SWIMMING AND DIVING CHAIRPERSON**

DATE: December 23, 2021

**RE: 2021-2022 SWIMMING AND DIVING CHAMPIONSHIP
DATES AND LOCATIONS
2021-2022 SWIMMING AND DIVING QUALIFYING GUIDELINES**

The purpose of this memo is to provide you with important information related to the 2022 District 3 Swimming and Diving Championships. Our qualifying guidelines for swimming have been updated following a review of last year's championship results. All schools should plan to enter your swimmers and divers for the District III Championships by using **the online-entry procedure at Omadatrak (diving) and Meet Manager (Swimming)** that will be available in February. Best wishes for a successful swimming and diving season.

IMPORTANT DISTRICT 3 SWIMMING AND DIVING DATES

DATE	EVENT	LOCATION	TIME
Monday January 10, 2022 (tentative)	Posting of District 3 Swimming and Diving Information on District 3 Website	piaad3.org	
Monday February 7, 2022	District 3 Swimming and Diving Entry Procedures Available Online	piaad3.org	
Wednesday, February 23, 2022	District 3 AA Diving Championships	Big Spring Natatorium High School (5:00PM Warm-Up)	6:00 PM
Saturday, February 26, 2022	District 3 AAA Diving Championships	Governor Mifflin Natatorium (9:00AM Warm-Up / Boys AM / Girls PM)	10:00 AM
Friday, March 4, 2022 Saturday, March 5, 2022	District 3 Swimming Championships	Cumberland Valley High School	12:00 PM

(CONTINUED)

2022 DISTRICT 3 DIVING ENTRY REQUIREMENT

<p><u>Number of Divers</u></p>	<p>Each league will have the opportunity to automatically qualify the following number of boy and girl divers provided that they have not failed any dive during the league qualifying round.</p> <table style="margin-left: auto; margin-right: auto; border: none;"> <tr> <td style="text-align: center;"><u>League</u></td> <td style="text-align: center;"><u>AAA</u></td> <td style="text-align: center;"><u>AA</u></td> <td></td> </tr> <tr> <td style="text-align: center;">Central Penn</td> <td style="text-align: center;">3 divers</td> <td style="text-align: center;">1 diver</td> <td></td> </tr> <tr> <td style="text-align: center;">Lancaster-Lebanon</td> <td style="text-align: center;">0 divers</td> <td style="text-align: center;">0 divers</td> <td></td> </tr> <tr> <td style="text-align: center;">Mid-Penn</td> <td style="text-align: center;">6 divers</td> <td style="text-align: center;">6 divers</td> <td></td> </tr> <tr> <td style="text-align: center;">York-Adams</td> <td style="text-align: center;">3 divers</td> <td style="text-align: center;">1 diver</td> <td></td> </tr> </table> <p>** (Lancaster-Lebanon does not sponsor a “League Championship” Diving Meet)</p> <p><u>Additional divers will be considered on an “At Large” basis if they meet the following entry requirement:</u></p> <p>Each optional dive proof must show a “Judge’s Total Score” of 13.0 or higher to be accepted. Dives with a “Judge’s Total Score” of less than 13.0 will not be accepted as proof of ability to perform the six (6) optional dives. Additionally, a DD requirement for optional dives will be in effect as follows:</p> <table style="margin-left: auto; margin-right: auto; border: none;"> <tr> <td style="text-align: center;"><u>GIRLS</u></td> <td style="text-align: center;"><u>BOYS</u></td> </tr> <tr> <td style="text-align: center;">AA 11.5</td> <td style="text-align: center;">AA 11.7</td> </tr> <tr> <td style="text-align: center;">AAA 11.8</td> <td style="text-align: center;">AAA 12.0</td> </tr> </table>	<u>League</u>	<u>AAA</u>	<u>AA</u>		Central Penn	3 divers	1 diver		Lancaster-Lebanon	0 divers	0 divers		Mid-Penn	6 divers	6 divers		York-Adams	3 divers	1 diver		<u>GIRLS</u>	<u>BOYS</u>	AA 11.5	AA 11.7	AAA 11.8	AAA 12.0
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2022 DISTRICT 3 SWIMMING ENTRY GUIDELINES

MEETING THESE GUIDELINES GUARANTEES ENTRY

EVENT	GIRLS AA	GIRLS AAA	BOYS AA	BOYS AAA
200 Medley Relay	2:04.54 (16)	1:49.91 (16)	1:48.37 (16)	1:39.87 (16)
200 Freestyle	2:04.16 (24)	1:59.57 (32)	1:59.46 (24)	1:52.12 (32)
200 Individual Medley	2:16.44 (24)	2:15.62 (32)	2:12.19 (24)	2:01.92 (32)
50 Freestyle	26.16 (24)	24.95 (32)	24.28 (24)	22.30 (32)
100 Butterfly	1:02.28 (24)	1:00.86 (32)	56.91 (24)	56.89 (32)
200 Freestyle Relay	1:49.74 (16)	1:41.68 (16)	1:37.58 (16)	1:29.99 (16)
100 Freestyle	56.95 (24)	54.51 (32)	53.46 (24)	50.65 (32)
500 Freestyle	5:36.41 (24)	5:28.33 (32)	5:20.08 (24)	5:00.83 (32)
100 Backstroke	1:02.62 (24)	1:01.18 (32)	59.41 (24)	55.73 (32)
100 Breaststroke	1:13.22 (24)	1:10.06 (32)	1:07.02 (24)	1:03.46 (32)
400 Freestyle Relay	4:01.69 (16)	3:44.39 (16)	3:35.60 (16)	3:17.15 (16)

*****PLEASE NOTE THAT MEETING THE ABOVE TIMES WILL GUARANTEE ENTRY FOR THE EVENT LISTED. WE WILL ACCEPT TWENTY-FOUR (24) AND THIRTY-TWO (32) SWIMMERS FOR “AA” AND “AAA” INDIVIDUAL EVENTS RESPECTIVELY, AND SIXTEEN (16) TEAMS FOR EACH RELAY EVENT FOR BOTH CLASSIFICATIONS**

*****PLEASE BE ADVISED TO ENTER ANY ATHLETE WHOSE TIME YOU FEEL MAY FALL WITHIN NUMBER ACCEPTED EVEN IF BELOW THE GUARANTEED TIME LISTED!**